

EAST INDIAN HIMALAYA: Sample Itinerary



All itineraries can be altered in length, focus and style to fit school requirements.

DAY	DATE	ACTIVITY	DESCRIPTION
1		Depart Australia	Depart Australia
2		Kolkata	Arrive Kolkata. Morning to rest and explore in Kolkata. In the afternoon the team will have a sightseeing tour of Kolkata. The Team will explore the Kali Temple, Riverside, Jain Temple, Colonial Kolkata and Mother Theresa's Missions of Charity.
3		Kolkata	Day to explore in Kolkata. Organise food supplies for overnight train to Siliguri, which has been pre-booked. Depart Kolkata at 22.05 on the Darjeeling Mail.
4		Kalimpong	Arrive Siliguri at 08.00 and transfer to Kalimpong and to community project. Meet with the project coordinator on arrival and look at your project, which will start tomorrow.
5		Community project	Project can involve various elements of hands on renovation/building of classrooms/playgrounds/community buildings etc.
6		Community project	With various tasks to be completed the team will need to prioritise work and delegate roles. There's plenty of chance for differentiation during the project.
7		Community project	There will be plenty for cultural immersion and mixing with local people and children. This will include the local Tibetan community
8		Community project	The group will have lodging and food at the local school or monastery. With modern bathroom facilities.
9		Community project	The team will spend a final day at the project to complete their work. They will also have a farewell to the local people who they have worked with and met over the last few days.
10		Gangtok	Team to organise transport to Gangtok, on route you will need to stop at the State border in order to get your Sikkim permit. Team to arrange accommodation on arrival in Gangtok.
11		Gangtok	Rest and sightsee day in Gangtok. The Team could choose to explore Tsongu Lake, Rumtek Monastery or other local sights.
12		Manebhanjang	Trekking company will meet Team in Gangtok and transfer group to Manebhanjang by private vehicle.
13		Trek	Commence your 7-day trek in the Singalila National Park. Manebhanjang (2134m) to Tonglu (3070m) - approx 11km. The trek starts from Manebhanjang a small village inhabited by the Buddhists and Sherpas. From here one can get a view of the entire trekking route and the ridgeline you will be hiking on. You will walk through dense evergreen forests and hillsides covered with wildflowers. On reaching Tonglu you will be rewarded with breath taking views over Kanchenjunga, (3rd highest mountain in the world), and its neighbouring peaks from one side and on the other side you will get views of Darjeeling and Kurseong dotting the green hills.
14		Trek	Tonglu to Kalipokhri (3108m) - approx 13km. Walk along the ridgeline through bamboo glades and farmlands with little villages inhabited by warm and friendly people.
15		Trek	Kalipokhri to Sandakphu (3636m) - approx 8km. You will have a steep climb today through thick rhododendron and magnolia forests but will be rewarded with incredible scenic beauty. When arriving at Sandakphu (meaning height of poison plant) you will have an amazing view of the world's highest mountains, (Everest, Kanchenjunga, Lhotse and Makalu) clad in snow, towering over you at a very close distance.
16		Trek	Sandakphu to Molley (3200m) - approx 16km. All along the route today you will be walking through rhododendrons, magnolias and chestnut oaks.
17		Trek	Molley to Phalut (3536m) - approx 10km. Once again you will be walking through trees on the ridgeline. When you reach Phalut, you will be at the tri-junction of Nepal, Sikkim and Darjeeling.

18		Trek	Phalut to Ramam (2560m) - approx 15km. Today you may feel weak at the knees with the down hill walk. This region is known for its fertile lands.
19		Trek	Ramam to Rimbick (2286m) - approx 19km. A gentle walk through fields and forests.
20		Darjeeling	The Team will need to trek about 1km to Rimbick Bazaar from the Trekkers Hut where you would have spent the night. Trekking Company to transport team from Rimbick to Darjeeling in private vehicles. Team to organise accommodation on arrival in Darjeeling.
21		Darjeeling	Sightseeing Day in Darjeeling - visit the Himalayan Mountaineering Institute, Darjeeling Zoo, Tea Plantations or the amazing markets of this superb mountain town.
22		Siligiri	Final morning to explore Darjeeling. Team to organise transport to Siliguri to prepare for overnight train to Kolkata. Darjeeling Mail departs Siligiri at 20.00.
23		Kolkata	Arrive Kolkata at 06.00. The day is free for the team to shop and explore further in Kolkata. In the evening you will need to organise your transfer to the Airport. Depart Kolkata.
24		Arrive Australia	Arrive Australia.