

# CAMBODIA: Sample Itinerary



All itineraries can be altered in length, focus and style to fit school requirements.

DAY	DATE	ACTIVITY	DESCRIPTION
1		Depart Australia	Depart Australia, to Siem Reap.
2		Siem Reap	A relaxing day in Siem Reap, team to visit the area, get their barings and start their preparation, research, bookings and leadership roles.
3		Siem Reap	After breakfast the team will be transfer to community project. There they will receive an orientation to the local community and the project.
4		Community project	Project can involve light renovation of community building, construction, painting, teaching and playing games, conservation etc.
5		Community project	Our project in Cambodia is in a small village school that was once a family home until the Khmer Rouge took it over. One of the grand children of original owner has turned it into a school for local and surrounding village children.
6		Community project	Whilst at the project the team will be staying all together in a nearby home-stay and have their meals provided. There's plenty of opportunities to play games with the local kids and visit houses/homes of local people.
7		Community project	The team will have options to choose work that they enjoy, and differentiate roles and responsibilities within the team.
8		Community project	A final day to complete the work at the community project. There will be a celebration meal to say thank you and goodbye to the local community.
9		Siem Reap	In the morning the team will finish their project work and say good bye with a traditional ceremony. The team will travel back to Siem Reap .
10		Siem Reap	A day in Siem Reap for students to see the sights and prepare for the trek. There are many day tours students can opt to do.
11		Wat Lahor	After breakfast, we take a short transfer out of town and begin our trek. Heading out south-east across green rice-paddies and farmland, we pass through several small villages. Cambodia is a very friendly country and we will get plenty of smiles and waves as we pass. Temples or pagodas are always close and provide excellent resting places where drinks and snacks await us. After a lunch-break in one of the villages, enjoyed at a local house or Pagoda, we continue our trek through rice fields and green fields, now heading north to the pagoda for our evening's campsite. Total distance 16km.
12		Svay Leu	After a delicious breakfast at camp, we transfer a short way to Wat Preah Bat Bun Tham where we start our day's trek along small dirt roads before turning off into scrub and brushland. We gradually wind our way northwards towards our evening's campsite. On the way farmers will greet you with smiles and curious faces and plenty of stops are designed to fuel up again on drinks and snacks. Lunch is once again enjoyed in the countryside at a local house. Total distance 22km.
13		Kulen Mountains	After breakfast we set off for a challenging trek to the top of the Kulen Mountains (487m), Cambodia's sacred mountain. Deeply revered, the local people make pilgrimages to the pagodas and ruins on the mountain top. The mountain forms a high plateau, from where there are fabulous views across the forests and fields below. We head west across the mountain, taking undulating tracks through the forests and villages. We stop for lunch in Anlong Thom, a small village of stilted thatched houses. Our trek continues to the 'Big Buddha', which overlooks the central plain; a short distance on is a very picturesque waterfall. We camp overnight near the falls and we will have time to bathe in the 'River of 1000 Lingas' and admire the elaborate carvings in the riverbed itself. Total distance 19km.
14		Siem Reap	One of the highlights of the trek comes today as we trek through forest and village life around the greater Angkor Wat temple sites. After lunch we finally reach the entrance of the UNESCO world heritage site of Angkor Wat, where we meet our specialist guide who will uncover the magic and history of one of the world's greatest sights. We are able to spend the rest of the afternoon here, before transferring back to your hotel. Total distance 8km.
15		Siem Reap	A day to explore Siem Reap before travelling to Phnom Penh. A river boat along the Mekong or a bus can be organised. The team may visit Battambang and travel to Phnom Penh tomorrow.
16		Phnom Penh	A day to visit more tourist sites, cafes, markets and palaces. This may include The Killing Fields and S21- Tuol Sleng.
17		Phnom Penh	A day to visit more tourist sites, cafes, markets and palaces.
18		Sihanoukville	Team to travel south with options to visit beaches and National Parks.
19		Sihanoukville	A day at Sihanoukville for some well deserved R & R.
20		Transit	Return to Phnom Penh for flight home.
21		Australia	Arrive Australia.